

Spring Report

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75 YEARS

Collaboration.
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THE
**Healthcare
Council**



2021

Michael P. McDermott, MD, MBA to Receive the Matthew F. McNulty Award at June 10 Awards Ceremony



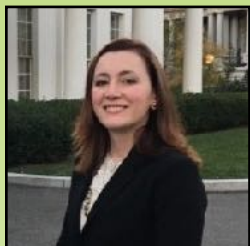
AT THE MARCH 2021 HEALTHCARE COUNCIL BOARD OF DIRECTORS MEETING, DR. MICHAEL P. MCDERMOTT, PRESIDENT & CEO OF MARY WASHINGTON HEALTHCARE WAS SELECTED TO RECEIVE THE PRESTIGIOUS MATTHEW F. MCNULTY AWARD. The Matthew F. McNulty Award was created in 1997 in honor of Dr. McNulty for his 20 plus years as leader on the Board of the Healthcare Council and his exemplary con-

tributions to the healthcare field. The award is bestowed on exceptional leaders in recognition of significant and memorable contributions in healthcare. Mike, a diagnostic and interventional radiologist, practiced medicine with Radiologic Associates of Fredericksburg and served in a variety of leadership and governance roles with Mary Washington Healthcare prior to becoming CEO in 2015. He received his undergraduate degree at Villanova University and his medical degree from the University of Cincinnati College of Medicine. He performed his Diagnostic Radiology residency and Interventional Radiology fellowship at the University of Maryland Medical System. He received an MBA from the University of Virginia Darden School of Business. Mike has been recognized for multiple years by Becker's Hospital Review as one of the Top Hospital and Health System Physician Leaders to Know. He is a Fellow of the American College of Radiology, a Fellow of the Society of Interventional Radiology, a Fellow of the American College of Healthcare Executives, and a Baldrige Executive Fellow. "Truly Dr. McDermott's leadership of excellence is built with the quality of his actions and the integrity of his intent," said Dean Teague, Board Chairperson of The Healthcare Council.

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The Healthcare Council and ShareSource Are Pleased to Welcome New Director of Strategic Accounts, Jennifer Holloman



JENNIFER HOLLOWAN IS THE INCOMING DIRECTOR OF STRATEGIC ACCOUNTS FOR SHARESOURCE. She works with vendors and Healthcare Council members to identify areas of opportunity for group purchasing orders and educational partnerships.

Jennifer comes to ShareSource with over 12 years of experience delivering results in consulting, Federal healthcare, and non-profit health system industries. Most recently, Jennifer was Manager of Telehealth Services for Atlantic Health System in New Jersey, where she created a new Telehealth Department supporting the delivery of over a half a million virtual encounters. Prior to this, she served as Chief of Virtual Health for the US Army Office of The Surgeon General where she was responsible for expanding telehealth services across over 30 clinical specialties and supported the establishment of multi-million dollar budget across Services. She also has a depth of experience in behavioral health program management, previously serving as a Deputy Chief in the Army's Behavioral Health Division where she developed legislative proposals, managed a multi-million dollar budget, and established a metric framework to evaluate program efficiency and outcomes.

Jennifer graduated top of her class from Hankamer School of Business at Baylor as part of the Army Baylor MHA/MBA program, and magna cum laude from Virginia Tech for dual bachelors' degrees in Marketing and Business Management. She received top civilian service awards for performance during her time working for the Army including the Superior Civilian Service Award for development of system wide telehealth strategy and Commander's Award for Civilian Service for productivity analysis she supported which resulted in \$33 million in cost savings.

She is eager to work with The Healthcare Council and ShareSource partners to achieve joint goals of increasing access, improving quality, and reducing costs.

Please join us in welcoming Jennifer to The Healthcare Council and ShareSource team.



The Healthcare Council Divisional Chairs

Behavioral Health Division Chair -
Dr. Marie Rose Alam, 410-402-7652,
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Facilities & Engineering Divisional Chair -
Mark Mininberg, 203-668-3522, mark@hospitalenergy.com

HR Divisional Chair -
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IT Divisional Chair - Open

Patient Experience Divisional Chair - Open

Pharmacy Division Chair -
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Physician Management Division Chair -
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Population Health Divisional Chair -
Marta Perez, 301-315-3515, MPerez@adventisthealthcare.com

Rehab Divisional Chair -
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Young Health Care Professionals Chair -
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Open Invitation for Additional Members

AREA NEWS & CURRENT EVENTS



☀️Unity Health Care President and CEO Announces Retirement: Following more than 30 years of dedicated service to Unity Health Care (Unity), President and CEO, Vincent A. Keane, has announced his intent to retire effective December 31, 2021. Vince began his professional relationship with Unity, formerly Health Care for the Homeless Project, in October of 1990 in the role of Executive Director. Alongside Dr. Janelle Goetcheus, Vince helped shepherd Unity's outreach as it grew from a one-room site in a local homeless shelter to the District's largest network of community health centers in existence today. As a Federally Qualified Health Center (FQHC), Unity now provides mission-driven care to more than 101,000 individuals annually, regardless of their ability to pay. "As I reflect on the past three decades, I feel blessed to have been given the opportunity to work with incredibly dedicated staff, all of whom contribute to the welfare of Unity patients and their communities daily," said Vince. Unity's Board of Directors will facilitate a national search for qualified candidates to serve as a mission-driven leader as Unity continues to provide for the District's most vulnerable.



☀️Jessica Melton Named President of Suburban Hospital: Jessica Melton, M.H.A., joined Suburban Hospital, a member of Johns Hopkins Medicine, as president and chief operating officer on April 15. Melton has oversight of Suburban Hospital's portfolio of inpatient and ambulatory services as well as development of high quality, cost-effective and integrated clinical programs throughout the region. She leads Suburban Hospital's quality and safety programs and financial initiatives. "Jessica brings tremendous background and leadership in health care to Suburban Hospital," says Carolyn Carpenter, M.H.A., president of the Johns Hopkins Health System's National Capital Region. "Jessica will serve a critical role in contributing to strategic growth throughout the region, while ensuring that plans align with and support Suburban's daily operations."



☀️Mary's Center's President and CEO Announces Departure: Mary's Center President and CEO Maria Gomez, one of the founders of the organization, announced her departure after 33 years of service. Maria will leave by the end of 2021. Maria founded Mary's Center in 1988 with a group of health advocates and initial funding from the DC Mayor's Office on Latino Affairs to help immigrant women fleeing war and poverty in Central America. Under her leadership, Mary's Center has grown from serving 200 participants in a small basement with an initial budget of \$250,000 to serving more than 60,000 participants across seven locations in DC and Maryland with an annual budget of \$76 million. "For over 30 years, Maria has been a beacon of hope for every member of our community," said Board Chair Todd A. Cox. "We are so grateful for her exemplary leadership, and in our search for a successor we aim to build on Maria's powerful legacy and advance Mary's Center's well-established role in setting individuals on a path towards good health, stability, and economic independence."



☀️Dr. Abeel Mangi Named Chair of Cardiac Surgery for MedStar Heart & Vascular Institute: MedStar Heart & Vascular Institute is pleased to announce that Abeel A. Mangi, MD, has joined its leadership team as the MedStar Health System Chair of Cardiac Surgery. A highly accomplished cardiothoracic surgeon, Dr. Mangi brings a distinguished record of clinical competency and expertise to MedStar Health. Dr. Mangi joins MedStar Heart & Vascular Institute from the Yale New Haven Heart and Vascular Center where he served as the surgical director of the structural heart and cardiac valve program and managing director of the cardiac surgery network. He also served as Professor of Surgery at the Yale University School of Medicine.



☀️Michael Sean Thomson Joined Fauquier Health as Chief Financial Officer: Sean Thomson joined Fauquier Health on February 15, 2021 and is in charge of the Health System finances. Sean joins Fauquier Health from Methodist Southlake Hospital in Southlake, Texas. At Methodist Southlake Hospital, Sean worked as the health system's Chief Financial Officer where his focuses were on financial stabilization, financial improvement, and strategic growth. Sean brings over 20 years of financial experience to the Fauquier Health team. Prior to Sean's role at Methodist Southlake Hospital, he worked at Hospital Corporation of America in Nashville, Tennessee and as a Chief Financial Officer at Medical City of Fort Worth in Fort Worth, Texas. Sean has been actively seeking a close knit community to settle down in with his family.



☀️Carroll County President to Retire in June 2021: Jeff Tindle has informed the CCMH Board of Directors that he intends to retire from his position as CEO. "It certainly has been tough making this decision because I truly cherish the community and specifically CCMH," Tindle said. "I turn 66 this year and think it is the right time for Tammie and me to spend more time with family and pursue our many and varied interests. "I have made it a personal mission to work as hard as possible to leave this community in a stronger place than it was when I returned in 2007," he said. "With the commitment and effort of a lot of people, I truly believe that has happened. The job isn't finished, but there are so many great young leaders that will continue that effort."

DID YOU KNOW?

The Healthcare Council is celebrating 75 years of service and we need your help to commemorate our 75 years. Join us in reflecting on our accomplishments, honoring both our founding members as well as our current ones, expanding our reach, collaborating and sharing in celebratory monthly events. We are stronger together and look forward to having your participation and support in making our 75 years celebration a success!



AREA NEWS & CURRENT EVENTS, CONTINUED



☀️ **Erickson Unveils new Name, Logo as Part of \$3 Billion Expansion Strategy:** Erickson Living is changing its name to Erickson Senior Living and rolling out a new logo as part of a strategy that will see almost \$3 billion in development and construction over the next five years. The company currently oversees a \$1 billion portfolio. The plans potentially will expand Erickson’s reach past the 11 states in which it currently operates and bring the total number of continuing care retirement communities it manages from the current 19 to 25 or more. Now No. 6 on the ASHA 50 list of largest senior living operators by the American Seniors Housing Association — with more than 23,000 living units, more than 15,000 employees and more than 27,000 residents — the Baltimore-based company is expected to add 5,000 more units by the end of 2025. On the 2020 ASHA 50 list, with the additional number of units, Erickson would take the No. 4 spot.



☀️ **30 Nursing Homes Across Virginia may be Under new Ownership Later this year:** One of the biggest nursing facilities in Virginia is in the process of changing ownership, according to documents **10 News Investigation** uncovered. The change would affect 30 nursing homes currently owned by Medical Facilities of America, accounting for 4,000 beds across the state, with many being in Southwest and Central Virginia. A **10 News Investigation** found documents filed with the Virginia Department of Health asking for a Change of Ownership (CHOW) for 30 health and rehabilitation facilities in the following locations: Albermarle, Appomattox, Bayside, Beaufont, Berkshire, Bowling Green, Burke, Charlottesville, Chesapeake, Culpeper, Franklin, Gretna, Hanover, Harrisonburg, Henrico, Lake Manassas, Louisa, Lynchburg, Norfolk, Parham, Piney Forest, Princess Anne, Pulaski, Raleigh Court, Regency, Riverside, Salem, Springtree, Stanleytown and Virginia Beach. The Virginia Department of Health says the company is Innovative Healthcare Management and the change of ownership documents were filed March 18, with an effective date listed as June 1, 2021.



☀️ **UM Prince George's Hospital Center UM Capital Region Health to Open on June 12, 2021:** Located in Largo in the heart of Prince George’s County, the new state-of-the-art regional medical center will provide improved access to primary and ambulatory care services, and serve as a tertiary care center for critically ill patients. In addition, the new space will allow expansion of offerings as a community partner to help improve the health status of Prince George’s County residents.



☀️ **Valley Health Cancer Center Earns Rectal Cancer Program Accreditation:** The Valley Health Cancer Center at Winchester Medical Center has earned a three-year accreditation from the National Accreditation Program for Rectal Cancer (NAPRC), a quality program of the American College of Surgeons. Winchester Medical Center (WMC) is the first hospital in the tri-state area, and one of only 23 in the nation, to receive this accreditation to date. To achieve voluntary NAPRC accreditation, a rectal cancer center must demonstrate compliance with the NAPRC standards addressing program management, clinical services, and quality improvement. Centers are required to have a multidisciplinary rectal cancer team that includes clinical representatives from surgery, pathology, radiology, radiation oncology, and medical oncology.



☀️ **Inova Hospitals Nationally Recognized for Excellence by The Leapfrog Group and CMS:** Once again, all five Inova hospitals received an “A” grade in the spring 2021 Leapfrog Hospital Safety Grade, a national distinction recognizing Inova’s achievements in protecting patients from errors, injuries, accidents, and infections. The Leapfrog Hospital Safety Grades program is the only hospital ratings program based exclusively on hospitals’ prevention of medical errors and other harms to patient care.

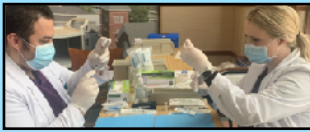


☀️ **Groundbreaking for new Mental Health Facility at Luminis Health Doctors Community Medical Center:** The new behavioral health facility will be a critical step toward addressing a long-standing disparity in access to behavioral healthcare in Prince George’s County. The Washington Post covered the groundbreaking and wrote a story providing additional details and background on this new facility. The two-story 31,200 square foot facility is made possible thanks to a \$20 million grant from Prince George’s County. “We understand the strength of this partnership and look forward to growing the program with the County as we continue to meet this community’s behavioral health needs,” said Deneen Richmond, president of LHDCMC. “These programs bring us one step closer to eliminating health disparities in Prince George’s County.”



☀️ **Kaiser Permanente to Open Convenient, Neighborhood Medical Center in Friendship Heights:** Kaiser Permanente has announced plans to open Well by Kaiser Permanente™ at Friendship Heights, a modern, unique 5,000 square-foot medical center, this September. Well Friendship Heights will offer convenient, personalized adult primary care and will be located at The Shops at Wisconsin Place, at the intersection of Wisconsin Ave NW and Western Ave NW. The new, boutique neighborhood medical center is part of Kaiser Permanente’s strategy to increase personalized service and help patients feel even more connected to their care team. With more than 780,000 members in the mid-Atlantic, the new Friendship Heights center offers another convenient location for members who live or work in DC and Suburban Maryland.

AREA NEWS & CURRENT EVENTS, CONTINUED



Current PGY1 pharmacy residents Tony Rodriguez, Pharm.D., and Kaitlin Scott, Pharm.D., are pictured working recently at the COVID-19 vaccine clinic.

☀️ Meritus Medical Center's Pharmacy Residency Program Receives Accreditation: Meritus Medical Center's postgraduate pharmacy residency program (PGY1) has received continued accreditation from the American Society of Health-System Pharmacists (ASHP) for 2021. The pharmacy residency program contributes to the development of clinical pharmacists responsible for medication-related care of patients with a wide range of conditions. "Our residents completed hands-on experience in various areas of the hospital, including internal medicine, critical care, emergency medicine and outpatient oncology, as well as opportunities for learning experiences in infectious disease, pain management, pediatrics and other areas of care," says Bobbi Hilker, Pharm.D., residency program director. "Current residents in the program have been directly involved with the health system's COVID-19 response, especially as the vaccine products have become available for residents of our county – a truly once-in-a-lifetime experience!" Meritus Medical Center's pharmacy residency program has been duly accredited by ASHP since the fall of 2013.



☀️ Chase Brexton Receives \$750,000 Weinberg Grant to Upgrade Facilities, Purchase Equipment: Chase Brexton Health Care will make much-needed upgrades to its centers in central Maryland and purchase important new equipment thanks to a \$750,000 grant from The Harry and Jeanette Weinberg Foundation. Funding from the capital grant will serve to provide safer and more secure access for Chase Brexton's 36,000 patients across its five centers across Maryland. A significant portion of the grant will be used to make exterior repairs to Chase Brexton's historic Mt. Vernon Center, an architecturally significant building first opened in 1928. At Chase Brexton's Randallstown Center, Weinberg's support will enable upgrades to the building façade signage to increase the center's visibility and the public's awareness of the services it offers. At the newly-relocated Easton Center, the grant helped with the build out of the new space at our Cadmus Lane location. Chase Brexton Health Care appreciates The Harry and Jeanette Weinberg Foundation's continued support of our mission and the communities we serve. In return for their generous gift, Chase Brexton Health Care is pleased to dedicate the medication delivery program to the Foundation, naming it The Harry and Jeanette Weinberg Pharmacy Mail Delivery Program.



☀️ Southern Maryland Residents to Benefit from Opening of New Emergency Department Space at MedStar Southern Maryland Hospital Center: MedStar Health recently celebrated the opening of its newly-renovated emergency department (ED) at MedStar Southern Maryland Hospital Center, the largest construction project in the hospital's history. The \$43 million renovation expands the facility by 18,000 square feet, adding almost 50 percent more treatment space and several new services uniquely designed to meet the needs of surrounding communities like Prince George's County and Washington, D.C. Crews broke ground on the project in September 2019 and continued to work tirelessly throughout the COVID-19 pandemic. As a result, this past April 8, emergency department patients started having access to: additional treatment rooms, which have been expanded from 28 to 40; a designated behavioral health area to help manage patients suffering from a behavioral health crisis or substance abuse issues in a quiet and therapeutic environment; and modernized ambulance access and patient waiting areas that emphasize patient privacy, including quick telehealth evaluations for all patients.



☀️ Forbes Ranks ChristianaCare as one of the Best Employers for Diversity and Inclusion in the United States: ChristianaCare also ranks as No. 1 overall employer for diversity and inclusion in Delaware, No. 14 among U.S. health systems. It ranked 121st out of the 500 employers that were recognized. "At ChristianaCare, our mission is simple, but profound – we take care of people," said Janice Nevin, M.D., MPH, president and CEO of ChristianaCare, which is Delaware's largest private employer. "And caring for people means that we work together, guided by our values of love and excellence, to bring equity and inclusion to everyone we serve, including our own caregivers. We are committed to building a workforce that reflects the diverse communities we serve, as we aspire to deliver high-quality, accessible care and achieve health equity."



☀️ Sentara Healthcare Commits to Greater Supply Chain Diversity: Sentara Healthcare has committed executive leadership and corporate resources toward a goal to increase diversity among the company's suppliers. Sentara is an integrated not-for-profit system of 12 hospitals in Virginia and North Carolina, 300+ sites of care and 28,000 employees. The company spends about \$2.4B on supply chain in a normal year. The pandemic has boosted that figure to more than \$3B. "We are committed to growing partnerships with local and regional suppliers and companies owned by women, people of color and veterans," says Terrie Edwards, Sentara corporate vice president who oversees supply chain. "Sentara has a mission to improve health every day. One way to do that is using supply chain dollars to support local vendors and good-paying jobs with benefits."



☀️ Adventist HealthCare Shady Grove Medical Center Wins State Approval to Build Tower Addition: The Maryland Health Care Commission (MHCC) has approved Adventist HealthCare Shady Grove Medical Center's application to build a six-floor tower addition to the hospital. The new 150,352-square-foot tower will allow Shady Grove to build larger, state-of-the-art replacements for its Intensive Care Unit and Emergency Department. The project also will add medical-surgical units and allow the hospital to complete its transition to all-private patient rooms. Critical care, observation and emergency psychiatric treatment units will be repositioned into the tower to create better workflows for patients and caregivers.

Save the Dates

CELEBRATING 75 YEARS

This year we are celebrating 75 years of service throughout the region. We are pleased to offer our members a year of monthly events to help celebrate this milestone.

Events will commence this month and run monthly leading up to our Grand Gala Ceremony in May 2022.

We have a mixture of virtual and in-person activities and events planned each month that will feature some of our members. Below are some of our upcoming events. Check our [web-site](#) and your email for more details.

ANNUAL EMPLOYEE OF THE YEAR AWARDS AND MCNULTY AWARD CELEBRATION

On June 10, 2021 we will host the annual Employee of the Year and McNulty awards celebration. We will be recognizing 45 individual award recipients and two teams who have been selected by health-care organizations in Maryland, D. C., and Virginia.

Award recipients are selected by each institution based on three criteria: Sustainability, Quality, and Customer/Patient Satisfaction. The awards event is about honoring those who have, in 2020, excelled in a special way in the work they do.

Save the date and join us for this virtual event as we recognize those whose passion and dedication have made a difference in the communities they serve.

THE Healthcare Council 75 YEARS

MEDITATION & SELF-CARE WORKSHOP

Free Online Workshop! May 20, 2021 AT 7:00 PM

Registration now open!

primary care coalition

THE Healthcare Council

SAVE the DATE

VIRTUAL EMPLOYEE OF THE YEAR AWARD & MCNULTY AWARD

06 . 10 . 21

let's laugh let's have fun

LIZ MIELE, STAND-UP COMIC IN NYC

July 29, 2021 7:00 PM

WE ARE EXCITED TO BE HOSTING LIZ MIELE, A NYC COMEDIAN WHO HAS APPEARED ON COMEDY CENTRAL, FOX, AXS TV, HULU, AND NPR'S "WAIT WAIT DON'T TELL ME". SHE WILL PRESENT A 30-MINUTE COMEDY ROUTINE, FOLLOWED BY A 15-MINUTE Q&A.

WWW.LIZMIELE.COM

VIRTUAL WALK, VIRTUAL FEST, VIRTUALLY NO MORE HIV

TAKE THE PLEDGE TO STOP NEW HIV INFECTIONS: EXPAND TESTING, TREATMENT, & PREVENTION.

Join our member, Chase Brexton Health Care, for a virtual challenge from May 23rd to June 5th and celebrate with them on Sunday, June 6th at 5 PM with a virtual event with performances by Eze Jackson, Wendel Patrick, and Jasmine Pope.

[Registration is now open!](#)

WALK FOR TESTING

INCREASED TESTING = DECREASED UNKNOWN

SUNDAY, JUNE 6, 2021

baltimoreaidswalk.org

Music Festival & Event Program kicks off on Youtube at 5PM #baltimoreAIDSWalk

BALTIMORE VIRTUAL AIDS & MUSIC FEST

Walk for Testing
Run for Treatment
Bike for Prevention
Dance for Education
Pledge to End HIV

HOSTED BY CHASE BREXTON HEALTH CARE

COVID-19 Pandemic Creates Growing Need for Behavioral Health Services



THE PHYSICAL TOLL OF THE COVID-19 PANDEMIC IS MEASURED IN NEW CASES AND MEDICAL OUTCOMES, BUT HIDDEN COSTS OF THE PANDEMIC ARE OFTE BORNE BY THOSE WHO MAY NEVER CONTRACT THE VIRUS. The stresses of the pandemic and the restricted lives most Americans face have caused a surge in the demand for behavioral health services. This need comes not just from those already in care who find themselves cut off from their traditional appointments and groups, but also from individuals who might never before have needed behavioral health assistance. Dr. Stephanie Saunders, PsyD, Director of Behavioral Health for Chase Brexton Health Care, discussed this growing need, how her staff has adjusted to meet the demand while keeping themselves and their patients safe, and how her providers have kept an eye on their own well-being and practiced self-care.

How much have Behavioral Health needs grown since the COVID-19 pandemic began?

What sorts of needs are patients expressing?

BH needs have always been present in the communities CBHC is positioned to serve, and these multilayered needs have been better identified during the time of COVID. Fortunately, individuals are reaching out more, seeking help and being heard. The dynamics of isolation, separation, stress/ strain and loss have further intensified symptoms, and some community supports have also decreased during this time. Prior to COVID, there may have been reluctance in the past to seek professional help, due in part to the experience of navigating barriers to care. It is so important for patients to realize that they are not alone and that we are always here for them.

How has your Behavioral Health team responded to this growing need?

We have further attached and aligned ourselves with the mission and vision statement of CBHC. Patients are the reason we are here. They give our work meaning. The work we do has become even more driven by patient need during COVID through the efforts to improve access. The saying "meeting the patient where they are at" has taken on a whole new meaning during the pandemic with telehealth services. In the past, we also tended to rely on longer term care models, and now there is increased flexibility and access with the use of shorter term models of care.

In what ways is a Behavioral Health telehealth session different from a traditional session? What should a patient expect from such a session?

The essential therapeutic factors of acceptance, change and growth all remain the same. With telehealth, the provider and patient are not physically in the same location, and if this is the first time meeting, both need to confirm identity and do introductions. It is always a privilege to be invited into a patient's home to conduct a telehealth session. It is very important for the patient to make sure that there is a safe space that is free from distractions, and where the individual feels comfortable and safe speaking.

What adaptations have you made to group sessions, to support those who need access to that form of care?

Telehealth groups present their own unique challenges and opportunities. While telehealth has provided an opportunity for increased access to care for some of our patients, others have experienced intensified inequities during the time of COVID-19. We continue to work to expand access to all of our services to ensure no one is left alone during this difficult time. We are currently offering BH telehealth groups that focus on depression and anxiety, grief and loss, groups for transgender health, a Dialectical Behavioral Therapy (DBT) coping skills group and a Substance Use Therapy group. During the time of COVID, Intensive Outpatient Groups (IOP) for substance use treatment are not being offered via telehealth. We are continually being thoughtful about how best to meet the needs of our communities and patient input is invaluable in this process. Patients have voiced how critical group support is, and we have heard. Please stay tuned for more announcements about innovations in group telehealth in the near future.

How have you helped your Behavioral Health team monitor their own well-being, and practice effective self-care?

We always remind each other in the BH Department to "Take care of patients, each other, and ourselves." The effectiveness of "self care" lies in realization that this concept is much more than words, formed in a causal greeting. Self care is a deeply held principle of compassion and humanity. There can be a tendency to neglect our own self care needs as healers and helpers, but "self compassion" needs to be as natural and frequent as breathing. Self compassion is comprised of moment by moment decisions and practices that are highly personalized and reflect one of our greatest values at CBHC, diversity. Team members are gently reminded to invite and engage in self care as an honoring and validating priority in their lives.

For more about Chase Brexton's Behavioral Health services, visit www.chasebrexton.org/behavioralhealth and www.chasebrexton.org/substanceuse.



ENDORSED PARTNERS

THE HEALTHCARE COUNCIL IN CONJUNCTION WITH ITS WHOLLY-OWNED SUBSIDIARY, SHARESOURCE, IS TO SERVE ITS MEMBERSHIP IN THE PROMOTION OF PROGRAMS AND SERVICES THAT WILL ENHANCE THE MEMBERS' ABILITY TO OPERATE THEIR ORGANIZATIONS SUCCESSFULLY AND COST EFFECTIVELY. ShareSource, as part of The Healthcare Council, integrates with the association's core function by recruiting partners who can help hospitals and other healthcare providers resolve tough pain points. These endorsed partners, in turn, engage teams to help solve problems by identifying and understanding the right problem to solve. If you would like to be in touch with any of the endorsed partners, please email us at lpitton@healthcare-council.org, djohnson@healthcare-council.org, jshaffer@healthcare-council.org, craiford@healthcare-council.org or call 301-731-4700.

Tailored Advisory Services for Healthcare Organizations



Healthcare Advisory Partner with Hospitals and Physicians

Community Health Needs Assessments
 Service Line Growth Business Plans
 Physician Alignment and Engagement
 Master Facility Plans
 Regulatory Counsel

For a courtesy discussion of goals and opportunities, contact:

Ray N. Brown, Managing Principal

404.847.0100



raybrown@legacyconsulting.com

www.legacyconsulting.com





(Mention Agreement #20)


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ENDORSED PARTNERS

Trusted Moving Experts for Over 75 Years



Are you ready for the next pandemic?

Prior to the pandemic, hospitals turned to just-in-time (JIT) purchasing as a safe and effective way to manage supply chain costs, through a lower carrying cost of inventory and the reduction or elimination of waste from obsolete stock.

Overnight, the coronavirus pandemic transformed the financial rewards of JIT inventory management into untenable health risks to staff and patients – as widespread shortages of N95 masks, surgical masks, face shields, gowns and gloves threatened hospitals’ ability to keep staff safe while working to treat patients with COVID-19.

Today, as hospitals ready for the next pandemic, they continue to face tighter profit margins from rising care costs, cuts in reimbursement rates and lost revenues from the suspension of elective surgeries. The need to manage supply chain costs in a post-pandemic world is as acute as ever, and is accompanied by a new and growing demand for an accessible inventory of PPE at or near surge capacity supply levels.

Article #	Image	Company	Customer	Category	Type	Description	Cube Ft.	Depth	Height	Manufacturer	Mfr. Part #	Sq. Ft.	Weight	Width	Inv. Count
Gloves09		INTERSTATE VAN LINES	TRAINING CENTER	MEDICAL	GLOVES	GLOVES EXAM PREMIER PRO NITRILE MEDIUM 5063	0.00			PREMIER PRO	5063	0.00	0.0000		25
Gloves13		INTERSTATE VAN LINES	TRAINING CUSTOMER	MEDICAL	GLOVES	GLOVES EXAM SANITIZERPRO NITRILE LARGE 5064	0.00			PREMIER PRO	5064	0.00	0.0000		15
Gloves15		INTERSTATE VAN LINES	TRAINING CENTER	MEDICAL	GLOVES	GLOVES SURGICAL PROTECTIC POLYISOPRENE BLUE NITRILE HIGH CUFF GLOVES SIZE 7	0.00			PROTECTIC	20738870	0.00	0.0000		25
Gown03		INTERSTATE VAN LINES	TRAINING CUSTOMER	MEDICAL	GOWN	GOWN ISOLATION 4MM POLYETHYLENE THUMB LOOP BLUE XL	0.00			PREMIER PRO	2321	0.00	0.0000		22
Gown00		INTERSTATE VAN LINES	TRAINING CUSTOMER	MEDICAL	GOWNS	GOWNS ISOLATION BLUE APRON OPEN BACK N95M91 700	0.00			MEDLINE	N95M91200	0.00	0.0000		25

Our healthcare logistics team can help you meet these challenges – and to ensure your hospital is ready for the next pandemic:

Highly secure limited access warehouse facilities in Landover, Maryland; Springfield, Virginia and Sterling, Virginia – all within a short drive from Washington, D.C. and near major highways.

A fleet of 180 vehicles dedicated to servicing the local Washington, D.C. health care market, allowing us to provide our clients with rapid, flexible and JIT deliveries.

An advanced bar-code based warehouse and inventory management system that allows you to manage your inventory levels and order supplies online for immediate delivery to your hospital.

Contact:

Duane Bailey, Sr. Director, Marketing & Business Development, Interstate Logistics,

703.226.3220

duane.Bailey@invan.com

www.interstatelogistics.com

(Mention Agreement #19-102)

ENDORSED PARTNERS

Committed to Providing the Highest Level of Customer Satisfaction

READY TO USE IS NOW DIGITAL!

FEATURES AND BENEFITS

- Ergonomic Carrying Handle.
- LCD Gauge with Pressure and Time to Empty Display.
- 50 PSI DISS Demand Valve.
- Low Battery and Low Contents Warning Light.
- Flow rates from 1/2 - 25LPM.
- Audible and visual alert at 10 minutes of flow remaining.
- Audible and visual alert at 500 psi of tank pressure.
- Alternates between displaying cylinder pressure and DTE (Duration to Empty) when valve is turned on.

PRODUCT DESIGN

The Ready to Use meets the demands of both EMS emergency services as well as in-hospital patient transport. It is small, lightweight, ergonomically designed, and is easy to handle and transport.

MRI CONDITIONAL

For use 1.5ft or more outside of the bore of a 3 Tesla MRI Machine. Aluminum Cylinder Only.

FOR MORE INFORMATION OR A DEMONSTRATION REGARDING THE NEW READY TO USE DIGITAL, CONTACT:
ROBERTS OXYGEN CO., INC.
PHONE: 301.948.8100
EMAIL: INFO@ROBERTSOXYGEN.COM



Roberts Oxygen provides compressed industrial and medical gases, specialty gases and equipment, welding equipment and consumables, as well as technical support services. Rt is recognized as the finest service oriented independent distributor from Pennsylvania to Florida with 48 locations, serving 9 states.

Contact:
 Tom Peacor
 301-948-2205
www.robertsoxygen.com
 (Mention Agreement #55)

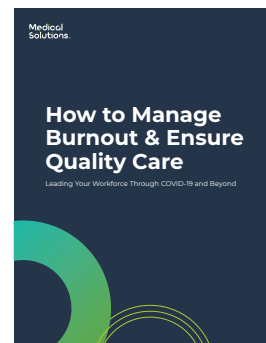
Tirelessly Strive to Match the Right Employee with the Right Position — Every Time.



Medical Solutions can help with your efforts to meet the staffing demands caused by vaccine administration. With the approval and roll out of new vaccines, Medical Solutions is prepared to help you staff both clinical and non-clinical roles for administering vaccines. They can help you address the surge in demand for the professionals needed at every step of the vaccination process: Vaccinators, Clinical Team Leads, Nursing Assistants, Medical Directors, Greeters, Schedulers, and Contact Tracing Specialists. Contact Medical Solutions to conduct a needs assessment for your vaccination site and determine how they can best address your urgent staffing challenges.

Contact: Mike Daeges, Senior National Account Executive
 402.986.5153
mike.daeges@medicalsolutions.com
 (Mention Agreement #20-100)

Is your healthcare organization struggling with staff burnout as a result of the pandemic? To help address this challenge, Medical Solutions' whitepaper explores how health systems can efficiently manage staffing during the pandemic with a human-first approach and focuses on recruitment and retention, managing employee burnout, and the importance of workplace culture. Visit '[How to Manage Burnout & Ensure Quality Care](#)' to read more.



BOARD CORNER



THE BOARD CORNER:

Assessing the Board's Role Before the Next Crisis

Deloitte Center for Crisis Management

Boards should be confident that management has a crisis playbook that details how to respond to a range of events, with clear divisions between what management would do and where the board would be brought in, depending on the nature of the crisis.

As boards turn to management to assess their organization's crisis preparedness, among the questions they should be asking are:

- Do we have a crisis management plan in place with clear roles and responsibilities, and who in the executive team is responsible for it?
- Has the management team been adequately trained, has it taken part in crisis simulation rehearsals, and if so, when?
- Has the organization pre-identified executives who will lead (or quarterback) during a crisis?
- Are the board's roles and responsibilities articulated in the plan and has the board been trained on them?
- Do the organization's crisis management plans consider all categories of crisis risks, not just natural disaster-type events?

By challenging management to reassess and adapt its planning, directors can enhance their oversight roles and help their organizations employ the many tools and techniques at their disposal to avert, or at least minimize, the impact of future crisis events.

Cheryl Thomas, Long Time Employee of The Healthcare Council and ShareSource, Retires



Members of The Healthcare Council have recognized one name almost synonymously with the organization, and that is Cheryl Thomas, long-time Executive Assistant. Notices, emails, program announcements, and requests for information have all been received from her email address. Cheryl started with The Healthcare Council in 1985 and knows more

about the history of the organization than just about anyone. Cheryl has been a stabilizing factor for both The Healthcare Council and ShareSource during her service and will be greatly missed. Her retirement was official December 31, 2020 but she assisted with her transition through March 2021. We commend Cheryl's dedicated service and her grasp of the complexities of the Office of the President. Her work for The Healthcare Council and ShareSource has been invaluable, and she has always been a great steward of the organization. When asked about her plans in retirement she said, "I plan to do lots of things I have on my bucket list, including traveling once the pandemic lifts."

Please join us in wishing Cheryl well in her retirement.



The Healthcare Council and ShareSource Welcome Alex Engelkemier



We are pleased that Alex Engelkemier joined The Healthcare Council and Share Source team in March 2021 as Project Coordinator and In-line Executive Assistant. Alex's responsibilities include coordinating the monthly celebrations for the 75th Anniversary of The Healthcare Council and all other major programs offered by our organization. In addition,

she will serve as liaison to the board of directors. She comes to us having served as a part-time Administrative Coordinator for the Honors College at Washington Adventist University, and Executive Assistant for the Office of the Provost. She has experience in event planning and coordination, budget management, updating policies and procedures, meeting scheduling and managing office communications. Alex received her B.S. in Business Administration with emphasis in management from Washington Adventist University graduating summa cum laude in May 2018.

Please join us in welcoming Alex to The Healthcare Council and ShareSource.



THE Healthcare Council

Collaboration.
Cooperation.
Education.

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Council Vision - To meet the healthcare challenges of tomorrow by working together today.

The Council functions as a neutral intermediary to facilitate networking and to provide member driven services.

Mission Statement - The Healthcare Council is a membership organization dedicated to helping members reduce costs, encouraging co-operative working relationships, and promoting quality healthcare in our region.

The Council: The Healthcare Council is an organization of consisting of hospitals and allied health care facilities, associations and educational institutions located in the Mid-Atlantic region. The purpose of the Council is to provide for members "strategic and business advantages" that no single institution or system can efficiently or economically develop alone. Divisions of specific activity have been formed to carry on the ever changing tasks at hand. These divisions develop information and improve performance using cooperative networking meetings, surveys, group discussion and analysis and continuing education programs. The aim of the Council's wholly-owned subsidiary, ShareSource is to serve its membership in the promotion of programs and services that will enhance the members' ability to operate their organizations successfully and cost effectively with integrity and competency.

The Healthcare Council Report is published by:

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Interested in Joining The Healthcare Council?

The Healthcare Council continues to develop its All-Inclusive, Broad-Based Association of Members to accurately reflect the providers of care doing business in its service area encompassing the Mid-Atlantic Region. It is committed to creating and providing opportunities for new members and associates while keeping member dues low. It serves its members with detailed communications and professional contacts, partnerships, timely educational programs, surveys, collaborative efforts, and strategic alliances.

To learn more about joining The Healthcare Council and/or participating in our ShareSource, please contact Jill Tipton or Debbie Johnson at 301-731-4700 or visit us at: www.healthcare-council.org.

The Healthcare Council is a not-for-profit 501(c)(3) corporation

The Council has opportunities for Associates: For membership information, call 301-731-4700