

Healthcare Council Report

Volume 24, Issue 2

Spring, 2017

HEALTHCARE COUNCIL OF THE NATIONAL CAPITAL AREA
QUARTERLY REPORT

HCNCA

TEEN VOLUNTEERS AT CHILDREN'S

by **Melissa Wilson, MS, CCLS**



Katarina, Kylie, Carrington, Shivani, and Jordan from the summer 2016 Volunteer program

Children's National summer high school volunteer program has been around for 30 years! They offer an 8-week summer volunteer program to current high school students ages 15-18 from the tri-state area. These high school students volunteer throughout the hospital providing distraction to patients and families in waiting areas by playing games or providing activities from the Activity Cart, greeting at welcome desks and passing out stickers to patients, administrative support to varying departments, playing Dr. Bear, and hands-on help restocking areas, to name a few. In addition to these activities, the students also attend different lectures from the Princeton Interns and medical staff; topics include resume building and filling out college applications to medical education.

In addition to providing play and distraction to patients, which helps ease stress and anxiety related to the hospital environment, the volunteers also earn service credit hours. They require a minimum of 75 hours from their volunteers, many of whom earn closer to 100 hours. Volunteers also make connections with other students and adults in areas of interest for future jobs. The hard work and dedication of volunteers helps provide a warm and inviting experience to patients and families. Many of the high school volunteers return as an I Can Help Ambassador during the school year! (see more on page 3)

Stay Connected

www.healthcare-council.org



@HCNCA



Inside this Issue:

Save the Dates	2	Board Corner	5
Welcome Holston, Connors & Wilson	2-3	Frederick Joins HCNCA	6
Summer VolunTeen Program, cont.	3	Current Events & Area News	7-8
Spotlight on Vendors	4	Best States for Nurses & New American Workforce	9

2017

SAVE THE DATES!



BREAKTHROUGHS
CONFERENCE AND EXHIBITION

BREAKTHROUGHS CONFERENCE AND EXHIBITION
June 27-30, 2017 in Washington, DC

Current members and contracted suppliers can interact with peers, industry experts and Premier staff. Exchange best practices. Share tested strategies. Learn about the latest industry innovations. Solve problems. Build relationships. You're guaranteed to walk away with practical solutions that can be immediately applied upon your return to home base. Premier members and contracted suppliers should plan to attend this dynamic knowledge sharing event devoted to bringing people, ideas and innovations together to transform healthcare.

Roxanne Holston, New Chair of the Volunteer Divisional Group



Roxanne Holston has more than twenty years of healthcare management experience including volunteer services, public relations, food and nutrition services. Her love and dedication to healthcare management has afforded her the opportunity to share her innovative and leadership skills with multiple organizations within the Washington, DC metropolitan area.

However, most of her time has been

devoted to Providence Health System.

As Manager of Volunteer Services and Senior Connection Department at Providence, Mrs. Holston has achieved several recognitions and awards for her valuable and outstanding dedication to, not only the organization, but to the community at large. She has received accolades for ongoing partnership with the Mayor Barry Summer Youth Employment Program in the District of Columbia and St. Anne's Center for Children, Youth and Families in Hyattsville, Maryland. Roxanne Holston, in addition to her other commitments, serves as Volunteer Services Division Chair of the Healthcare Council of the National Capital Area. She sums up her motivation for success in the following words from an unknown author, "keep trying, keep praying, stay positive, be awesome, become better".

DIVISIONAL MEETINGS:

CFO Executive Forum Meetings/Round Table

CONTACT: Camille Bash, CFO Ex. Forum Chair,
301-552-8028, cbash@dchweb.org

IT Divisional Meeting:

CONTACT: Nathan Read, IT Division Chair,
202-715-4299, Nathan.Read@gwu-hospital.com

Volunteer Divisional Meeting

CONTACT: Roxanne Holston, Volunteer Services Division
Chair, 202-854-7759, Roxanne.Holston@provhosp.org

HR Divisional Meeting:

CONTACT: Paul A. Hagens, Jr., HR Division Chair,
301-552-8082, phagens@dchweb.org

Quality Divisional Meeting (DCAHQ)

CONTACT: Derdire Coleman, DCAHQ (DC Association of
Healthcare Quality), President, 240-375-9940,
nakuone@aol.com

Supply Chain Divisional Meeting (MASHMM)

CONTACT: Chris Holmes, President, 410-456-9986,
mashmmpresident@gmail.com

Rehab Divisional Meeting

CONTACT: Gerilynn Connors, Rehab Division Chair,
703-776-3070, gerilynn.connors@inova.org

Pharmacy Divisional Meeting

CONTACT: Ursula Tachie-Menson, Pharmacy Division
Chair, 202-476-2697, Pager – 202-259-1404,
UTmenson@childrensnational.org

Facilities & Engineering Divisional Meeting

CONTACT: Thomas Blount, Facility & Engineering Division
Chair, 240-826-6612, tblount@adventisthealthcare.com

Divisional Meetings are held quarterly. Please contact the chair person for more information about the 2017 schedule. You can also call HCNC at 301-731-4700 for meeting information.

Did You Know?

In 2016 drug company PACs and employees gave politicians \$19.8 million.

Salary Surveys Are Ready

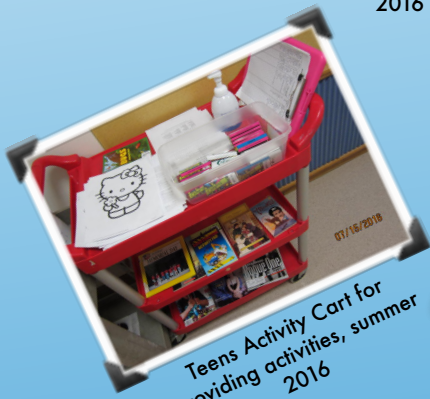
The 2017 Wage & Salary Survey and the Executive/Department Head Salary Survey are complete and ready for purchase. You can find out more by contacting Cheryl Thomas at 301-731-4700 or email her at cethomas@healthcare-council.org. There is a fee for each of the publications to assist with the production cost. Feel free to visit our website at www.healthcare-council.org where you may order directly online.

Summer & Teen Volunteers, Continued

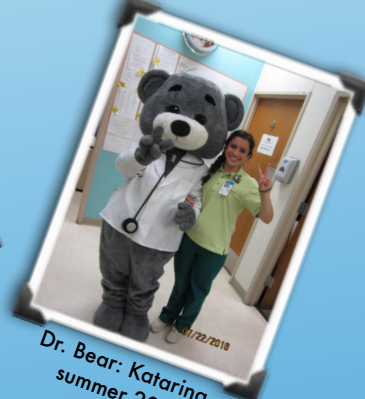
Teen Volunteers, often referred to as VolunTEENs will spend their days bringing smiles and laughter to the halls of a hospital. From the front desks to the patient units, VolunTEENs will craft, play games and most importantly leave a lasting impression on patients and families. The informative lunches with members of staff, gives an opportunity for teens to learn about different professions in a hospital or other provider setting.



Maniza, Daniella, Kylie, Emily, Peyton, Hammad, Megan, Carrington, and Shivani Back row: Lydia, Clown, Adazee, and Eden, photos from summer, 2016



Teens Activity Cart for providing activities, summer 2016



Dr. Bear: Katarina, summer 2016

Gerilynn Connors, Accepts Chair Position for HCNCA's Rehab Divisional Group



Gerilynn is Respiratory Care Outpatient Services Clinical Manager, Pulmonary Rehabilitation, Pulmonary Diagnostics & Pulmonary Intervention at Inova Health System. The Healthcare Council welcomes Gerilynn as the new chairperson for the Rehab Divisional Group following John Baker, who chaired the group for the last three years. The Healthcare

Council is pleased to have someone of Gerilynn's professional experience and background to lead the rehab group. Gerilynn began her work in comprehensive pulmonary rehab at Loma Linda University Medical Center in California in 1980. Her mentor was the renowned pulmonary specialist Dr. John Hodgkin. She co-authored the only pulmonary rehabilitation textbook, "Pulmonary Rehabilitation Guidelines to Success," with Dr. Hodgkin and Dr. Bartolome Celli in 1984. It's now in its fourth edition.

Darmita Wilson to Lead the Physician Practice Management Forum for the Healthcare Council



Starting in September, a newly formed group for executives leading physician practices will be launched. The Council is currently compiling names, email addresses and phone numbers of executives responsible for overseeing physician groups for hospitals,

health systems and accountable care organizations. Darmita Wilson, COO, Physician Enterprise, Providence Health System will chair the group. Following is the purpose of the new group: This Division has been established to provide a forum for Physician Practice Management Executives who are leading physician practices in the Washington, D.C., Maryland and Virginia areas. The purpose of the group is to address issues that are faced by executives and to enhance knowledge. Topics for discussion will include emerging trends in healthcare administration, advances in practice management research, education and practice, and current legislative and policy decisions. This forum will also facilitate opportunities for networking and collaboration with colleagues across the region.

HEALTHCARE COUNCIL/PREMIER

FALL CONFERENCE

Emerging Healthcare Trends: 2018

MARK YOUR CALENDAR!

OCTOBER 25, 2017
10:00 A.M. – 3:00 P.M.
(New month & time!)

CONGRESSIONAL COUNTRY CLUB



Save the Date

Tel: 301-731-4700

Prosperata Consulting Services



Rahul Ghate



Prosperata co-founder, Sanjay Sarma, was recently diagnosed with a Stage 4 degenerative cervical disc disease that has changed his life. He believes the condition was preventable and resulted largely from the lack of information sharing, analytics, and collaboration in the healthcare industry. He started Prosperata with his partner, Rahul Ghate, to change this: to leverage the power of data analytics to achieve the Triple Aim of healthcare: quality of care, lower costs, and better patient experiences.



Sanjay Sarma

Prosperata is a consulting services firm that helps healthcare organizations plan, design, develop and implement data analytics solutions that address the most pressing problems in healthcare and healthcare reform. Their areas of specialty include: IT strategic planning, systems modernization, data quality management, and data analytics operations. The co-founders have spent their entire careers in healthcare, and have previously consulted for leading providers such as Johns Hopkins Medicine, Northwell Health, Emory Healthcare, and The University of Kentucky Healthcare; as well as several large payers and Federal Health organizations.

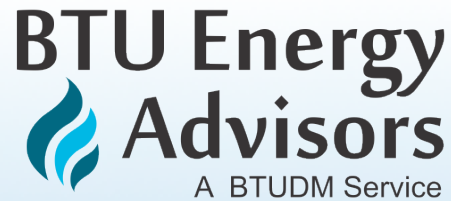


100% Uptime Program

- Initial On-site Biomed Training Course
- 5 Business Day Turn Around Guarantee On All Equipment Repairs
- \$1,000 Account Credit If The Repair Guarantee Is Not Met
- 1 Replacement Monitor For Every 16 Bedsides Purchased
- 1 Replacement Telepack for Every 10 Telepacks Purchased

Additional Fukuda Advantages

- ✔ Industry Leading 5-Year Warranty
- ✔ FREE EMR Integration
- ✔ FREE Software Upgrades
- ✔ FREE On-site Clinical Training
- ✔ FREE Biomedical Training
- ✔ Fukuda's partnership with the HCNCA allows members to experience savings of 20-30% on initial costs compared to other manufacturers



PURE SOLAR: HCNCA new solar consultant, BTU Energy Advisors, offers to arrange for DC, VA, and MD members to buy blocks of pure solar energy directly from solar installations in the PJM area (all or parts of DC, DE, IL, IN, KY, MD, MI, NJ, NC, OH, PA, TN, VA, and WV) at current market prices.

The BTU Energy Advisors huge geographical range in this regard brings to HCNCA members the dynamic advantage of shifting regional pricing opportunities generated by regional and local supply and demand anomalies throughout the PJM area.

In this way, BTU Energy Advisors can deliver to members the largest possible array of options to secure annual blocks of solar electricity sized specifically to fit into member energy portfolios. Solar blocks of a pre-selected portion of electricity requirements can remove price risk – the risk of a return to historically higher prices – while satisfying appetite for renewable energy.

For further details, members are invited to contact BTU Energy Advisors at info btudm@btudm.com or call 443.994.1483 or 443.752.6977.

THE BOARD CORNER:

Insights from John J. Grennan, Lead Director, GE Board
(Adapted)

1. One of the Board’s key roles is overseeing strategy, with a multi-year strategic plan, but adjusting strategy as the world around us changes. It is important to be nimble and opportunistic, adjusting strategy as needed.
2. Board recruitment is a topic that remains front and center. In looking for candidates, start with character, seeking candidates with the highest standards, who will be independent, strong stewards. In assessing future Board recruitment needs, it is important to recruit candidates from different backgrounds so that they can contribute to the cognitive diversity on the Board.
3. Front and center is the Board’s discussions about stakeholders and how decisions of the board impact them. Throughout the year it is important to engage with stakeholders to get feedback and hear directly about how the board is doing and areas where improvement can be made. Key is, listening to stakeholders ideas on financial issues, views on business and strategy. Inviting stakeholders into the boardroom to meet in executive session provides an opportunity to engage with them.
4. Create an experienced board with expertise in areas that are relevant to the organization:
 - Leadership
 - Finance
 - Talent Development
 - Investments
 - Government
 - Global
 - Industry/Operations
 - Technology
 - Risk Management
 - Marketing
5. Build a cognitively diverse board representing a range of backgrounds including, former regulators, leading academics, women, born outside the US, current & former CEOs, cultural mix, age variation, balanced board members with knowledge about the organization and those with new perspectives.

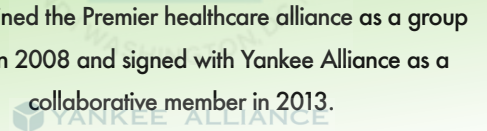
SHARED SERVICES



About National Capital Area Shared Services

National Capital Area Shared Services (NCASS) is a regional GPO, a wholly-owned subsidiary of the Healthcare Council of the National Capital Area (a non-profit association of providers in Maryland, Virginia and the District of Columbia). It has documented hundreds of millions in savings and cost containment since 1972.

NCASS joined the Premier healthcare alliance as a group affiliate in 2008 and signed with Yankee Alliance as a collaborative member in 2013.



Interested in Joining the Healthcare Council?

Healthcare Council continues to develop its All-Inclusive, Broad-Based Association of Members to accurately reflect the Providers of Care doing business in its service area encompassing Maryland, the District of Columbia and Virginia. It is committed to creating and providing opportunities for new members and associates while keeping member dues low. It serves its members with detailed communications and professional contacts, partnerships, timely educational programs, surveys, collaborative efforts, and strategic alliances.

To learn more about joining the Healthcare Council and/or participating in our Shared Services, please contact Cheryl Thomas at 301-731-4700 or visit us at: <http://www.healthcare-council.org/membership.html>.

Did You Know?

Heart disease was the leading cause of death in 2014, with 23.4% of total deaths or 614,348 deaths. The second highest cause of death was cancer with 22.5% or 591,699 deaths.

Did You Know?

Even light smokers risk earlier death. People who smoke an average of fewer than 1 cigarette a day over their lifetimes have a 64% higher risk of early death than people who never smoke. People who smoke between 1 and 10 cigarettes a day have an 87% higher risk according to the National Cancer Institute study.

Frederick Joins Healthcare Council as Chief Value Officer (CVO)



Serving the Healthcare Council as trustee since 2012, Mr. Frederick recently resigned his board position to become Chief Value Officer of the organization. His role for HCNCA will be to increase the exposure of the Council and test the hypotheses around new areas of service. As CVO he will be responsible for ensuring that HCNCA is focused on growth goals with maximization of value. Based on inputs from various stakeholders, he will assist in determining specific targets that are quantifiable and measurable.

Mr. Frederick is recognized as a thought leader and innovator in the Seniors Housing & Care and related Health Care Services industries. He is a frequent panelist, speaker and instructor for organizations such as the National Investment Center for the Seniors Housing and Care Industry (NIC), Erickson School at UMBC, LeadingAge, Aging 2.0, Senior Living Innovation Forum, Senior Living 100, among others. His white paper on innovation, "Making Innovation Work", was published in the 2015 Seniors Housing & Care Journal. He is a member of the National Advisory Board for the School of Nursing at Johns Hopkins University. In addition, he served as part of the Advisory Council of the Bipartisan Policy Center 2015-2016 Health and Housing Task Force headed by former HUD Secretary Henry Cisneros.

Mr. Frederick holds a BSE degree in Electrical Engineering from Princeton University and an MBA from the Stanford Graduate School of Business.

Les Pitton, President & CEO of the Council said, "we are fortunate to have someone with Ryan's background and experience in healthcare services to serve as Chief Value Officer."

Did You Know?

The highest rates of opioid-related hospitalizations per 100,000 population: Maryland: 362.1, District of Columbia: 339.0 and New York: 353.3.

Focusing on a New Model of Healthcare Delivery and Seeking Additional Commercial and University Partners



In the fall of 2015, Inova took possession of the former ExxonMobil headquarters in Fairfax, VA, and are building the Inova Center for Personalized Health. This 117 acre piece of land sits on the region's "Main Street," the capital beltway, and is proximate to the nation's government and technology assets. It is also across the street from Inova's flagship hospital, the Inova Fairfax Medical Campus.

Currently, Inova is focused on renovating and reactivating the existing 1.2 million square feet. Plans for the existing buildings include the Inova Schar Cancer Institute, the Inova Clinic, the Inova Personalized Health Accelerator, the Global Genomics and Bioinformatics Research Institute, a large conference center, sports medicine, and other technology and medical assets. Along with our university and commercial partners, Inova is building a campus focused on a new model of health care delivery - not only treating disease with precision and compassion, but also predicting and preventing disease through personalization. The Inova Schar Cancer Institute will open in mid-2018, and the entire existing footprint should be open by the end of 2018.

Inova is also working with a land planning firm to consider options for development of the remaining 82 acres of land. More details about this process will be available later this year.



CURRENT EVENTS & AREA NEWS

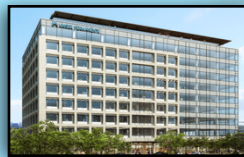
Brooke Grove Retirement Village: Brooke Grove Retirement Village celebrated the Grand Opening of their new rehab facility on Thursday, April 27, with an invitation-only ribbon-cutting ceremony. There were and will be additional open houses for professionals and the community. The facility is dedicated to short-term rehab, with a state-of-the-art addition, complete with a two-story physical therapy gym, the latest in rehab technology and physical therapy spaces bathed in sunlight.



Chase Brexton Health Care in Baltimore: Patrick Mutch is named CEO of Chase Brexton Health Care in Baltimore. Mr. Mutch assumed his new role of the Federally Qualified Health Center on February 1, 2017. Prior to joining CBHC, he was the interim president and CEO of Saint Agnes Hospital in Baltimore. Patrick has extensive experience leading both for-profit and non-profit health care organizations. "I am extremely excited to join Chase Brexton Health Care, and carry on its legacy of community care serving some of Baltimore's most vulnerable populations," Mutch said in a statement. "Chase Brexton's mission is inspiring to me, and I am honored to lead a group of health care providers with such a strong commitment to their patients."



Kaiser Planned New Carrollton Facility: Kaiser Permanente of the Mid-Atlantic States has announced that it will open a new 176,000-square-foot administrative building in the New Carrollton Transit Center in Prince George's County. The facility will have room for approximately 850 employees. The facility will accommodate Kaiser Permanente's robust growth in the region and the continuing demand for the organization's top-rated, integrated care model, which combines health care and health coverage in one convenient package. Construction of the new administrative building will be completed in November 2018.



Inova Loudoun Hospital CEO Retires: Inova Loudoun Hospital CEO H. Patrick Walters retires after five years at the hospital's helm. Prior to joining Inova, he served as president and CEO of Alexandria Health Services Corporation and as administrator of Alexandria Hospital from 1992 to 1997. Following the merger with Inova, Walters led both Inova Alexandria and Inova Mount Vernon hospitals as its regional vice president. He also filled the role as interim CEO for Inova Fairfax Hospital, Inova Children's Hospital and most recently CEO of Inova Loudoun Hospital.



Inova Loudoun Hospital Names New CEO: Inova Loudoun Hospital names Deborah Addo as new CEO. She previously served as the COO and senior vice president of Meritus Health in Hagerstown, MD. Prior to that, she was vice president of Patient Care Services at Washington County Health System, a 300-bed hospital. Addo's areas of expertise include financial management, LEAN, organization re-engineering, strategic planning, physician engagement and population health.



Terry Forde Honored With Other Leaders At March Dinner

March 23, *The Daily Record* honored Terry Forde, president & CEO of Adventist HealthCare, with the 2017 Influential Marylander award. Fifty-one Influential Marylanders were selected by the editors of *The Daily Record* for their significant contributions to their respective fields and for their leadership in Maryland in the following areas: health care, civic leadership, communications, education, finance, freestyle, general business, law, philanthropy, real estate and technology. *The Daily Record* launched Influential Marylanders in 2007 to recognize those who are leaving a mark on the community throughout the state. Forde has led Adventist HealthCare during a time of great change in healthcare, both at the state and national level. Under his guidance, the organization has created a vibrant outpatient and population health network to support the system's four hospitals and to provide positive and meaningful impact in the surrounding community. In addition to leading Montgomery County's first and largest health system, Forde is also a board member of the Montgomery County Development Corp. In this role, he serves as a key economic adviser to Montgomery County Executive Isiah Leggett. He also serves on the Maryland Hospital Association's Operations and Executive Committee, working with health systems across the state to improve patient care.

Did You Know?

Ninety-seven percent of patients think it is important for any health organization anywhere to have access to their full medical history, according to an online survey conducted by Transcend Insights, a subsidiary of Humana.

Did You Know?

The American Telemedicine Association says there are 8 million users of teleradiology.

CURRENT EVENTS & AREA NEWS, CONTINUED

Inova's Eastern Region: Susan Carroll, FACHE, MBA, MHA, is Regional Executive Officer (REO) of Inova's Eastern Region (encompassing Inova Alexandria Hospital and Inova Mount Vernon Hospital) and senior vice president, Inova. Previously, Ms. Carroll served as CEO of Inova Alexandria Hospital, and vice president of Inova Cancer Institute and Inova Translational Medicine Institute. In that role, she had system leadership and administrative oversight for all oncology services across Inova, including Life with Cancer education and support services. Ms. Carroll was also on the executive management team at Inova Fairfax Hospital.



Sinai Hospital of Baltimore: Jonathan Ringo, M.D. has been named President and COO of Sinai Hospital of Baltimore. He has served as interim COO since January. Ringo most recently served as VP of clinical transformation at LifeBridge, where he oversaw population health, medical informatics and ambulatory quality. After a previous stint at Sinai, Dr. Ringo returned to LifeBridge Health in the fall of 2014 from Northwell Health (previously the North Shore-LIJ Health System) in New York, where he was director of population health information.



Mary Washington Healthcare: Mary Washington Healthcare became Official Medical Partner Of Dominion Raceway Fredericksburg, Va., March 2017. Dominion Raceway & Entertainment and Mary Washington Healthcare have announced a multi-year partnership in which Mary Washington Healthcare is the official Medical Partner of Dominion Raceway, a multi-faceted motorsports and entertainment facility located in Spotsylvania County, Virginia. As part of the agreement, Mary Washington Healthcare and Dominion Raceway & Entertainment will partner to share healthy living information with Raceway guests, host health-centered events throughout the season, and educate racers and fans on specific health care topics.

MedStar Health: Loretta Young Walker has joined MedStar Health as senior vice president and chief human resources officer for the largest not-for-profit healthcare system in Maryland and the Washington, D.C., region. Walker oversees all Human Resources (HR) activities across MedStar's 10 hospitals, outpatient care sites, and diversified operations. Her appointment was effective March 13.



New 'Constellation' Machine Expands Eye Surgery Capability: MedStar Southern Maryland brings the latest technology in eye surgery with the Alcon Surgical Instruments Constellation machine. This machine can perform both traditional and laser surgeries to repair eye conditions from cataracts to retinal detachments, as well as repairs of eye damage caused by hypertension and diabetes.



Sentara Pioneers Stemless Shoulder Replacement In Region: Sentara Northern Virginia Medical Center now offers stemless shoulder replacement. This procedure, designed to preserve the patient's bone, saves time and reduces complications and provides surgeons with an additional option for their younger, more active patients seeking relief from osteoarthritic shoulder pain. Dr. Cyrus Press, a graduate of the University of Illinois College of Medicine and Fellowship trained in shoulder and elbow reconstruction at the Houston Health Science Center, was the first to perform this procedure in the Northern Virginia market.



MedStar Georgetown First in the Nation Recognized for Excellence in Blood Management

MedStar Georgetown University Hospital is the first hospital in the United States to receive a prestigious distinction in recognition of excellence in patient blood management. In a ceremony today at MedStar Georgetown, The Joint Commission and the AABB (formerly known as the American Association of Blood Banks) presented hospital representatives with the first Patient Blood Management Certification. The certification provides a third party review and evaluation of patient blood management based on the AABB Standards for a Patient Blood Management Program, and an evidence-based approach to providing the best care to patients who might need transfusions. One particular aspect of blood management at MedStar Georgetown is a Bloodless Medicine Program which is designed to eliminate blood transfusions altogether through the use of state of the art technologies that minimize blood loss and maximize the oxygen-carrying capabilities of blood during surgery and other medical treatments. The Patient Blood Management Certification is valid for two years.

Did You Know?

The Spring 2017 Hospital Safety Grade from the Leapfrog Group rated 2,639 hospitals, and 823 hospitals earned an A, 706 earned a B, 933 earned a C, and 167 earned a D. Unfortunately, 10 hospitals received an F grade. Over time there have been significant strides in improving patient safety, said Leapfrog CEO Leah Binder, pointing to a 21 percent decline in hospital-acquired conditions, increased adoption and improved functionality of computerized physician order entry systems, and millions of averted patient harms. Still 1,000 people a day are estimated to die from medical errors.

BEST STATES FOR NURSES

(Highlights of Report)

John S. Kiernan, Senior Writer & Editor - WalletHub



Top Three States - Overall Ranking

Wisconsin
New Mexico
Iowa

Regional Overall Ranking

Virginia - 15
Maryland - 29
District of Columbia - 51

Most Nursing Job Openings per capita

District of Columbia
New Hampshire
Massachusetts
New Mexico
Vermont

Fewest Nursing Job Openings per capita

Utah - 47th
Hawaii - 48th
Mississippi - 49th
Washington - 50th
New York - 51st

Lowest Annual Nursing Salary (Adjusted for Cost of Living)

Maryland - 47th
New York - 48th
Vermont - 49th
District of Columbia - 50th
Hawaii - 51st

To review the findings, analysis and key metrics that were used in the study go to <https://wallethub.com/edu/best-states-for-nurses/4041/>



Did You Know?

- The spending on yoga classes, clothing and accessories in 2016 was \$16 billion
- The global wellness industry grew 10.6% from 2013-2015: from a \$3.36 trillion to \$3.72 trillion market
- The global workplace wellness industry grew 6.4% from 2013-2015, from \$40.7 billion to \$43.3 billion
- The global wellness real estate market was one of the fastest-growing wellness sectors from 2013-2015: growing 19% from \$100 billion to \$118.6 billion

-Global Wellness Institute

New American Workforce



New American Workforce, a program of the National Immigration Forum, is partnering with healthcare providers in the region, for free, to assist their eligible immigrant employees with the citizenship process and English language training so that they become more valuable workers and full participants in the workplace, community and economy. The National Healthcare Forum has been an associate member of the Healthcare Council for four years and has and continues to provide services to hospitals, continuing care communities and long-term care facilities in Maryland, D. C. and Northern Virginia.

They offer each healthcare partner customizable services for their operation without increasing personnel workload. *New American Workforce* facilitates citizenship assistance through a two-step workshop process. This is offered on the worksite and often during employee breaks or before/after work hours.

New American Workforce's services are offered free to hospitals and post-acute healthcare providers and made possible by many generous foundations, corporations and individual donors.

Nationally, there are approximately 8.8 million immigrants eligible for citizenship, including:

Los Angeles, CA: nearly 1.5 million
NYC area, NY: nearly 1.5 million
San Jose area, CA: 536,000
Miami area, FL: 483,000
D.C. metro area: 286,000
Houston, TX: 262,000
San Diego, CA: 204,000
Detroit, MI: 98,000



The Forum is the leading non-profit organization advocating for the value of immigrants and immigration in our country. They work across party lines with businesses, healthcare facilities, faith based organizations and law enforcement agencies to promote practical immigration reform that values families, a thriving economy and national security.

For more information contact Jennie Murray, Director of Integration Programs, jmurray@immigrationforum.org.



Les H. Pitton
President & CEO
lpitton@healthcare-council.org

Ryan Frederick
Chief Value Officer
rfrederick@healthcare-council.org

Cheryl E. Thomas
Executive Assistant and Office Manager
cethomas@healthcare-council.org

Jami Shaffer
Member Services Manager
jshaffer@healthcare-council.org

Debbie Johnson
Director, Partner Development
djohnson@healthcare-council.org

Jenn Johnson
Accounting Supervisor
jjohnson@ltbd.com

Jill Tipton
Office Assistant
jrtipton@healthcare-council.org

Christopher N. Howard
Healthcare Council Fellow
cnhoward@healthcare-council.org

HEALTHCARE COUNCIL OF THE NATIONAL CAPITAL AREA
CENTERPARK II - FIRST FLOOR 4061 POWDER MILL RD, STE 100 CALVERTON, MD 20705 PH: 301-731-4700

The HCNCA/NCASS Board Adopts New Mission and Vision Statements

At the September 21, 2016 Board a new vision and mission statement were approved as recommended by the Strategic Planning committee. The new statements reflect the changing healthcare environment and the organizations purpose in serving it's membership.

Council Vision: "To meet the healthcare challenges of tomorrow by working together today."

The Council functions as a neutral intermediary to facilitate networking and to provide member driven services.

Mission Statement - "The Council (HCNCA) is a membership organization dedicated to helping members reduce costs, encouraging cooperative working relationships, and promoting quality healthcare in our region."

"The Council": The Healthcare Council of the National Capital Area, Inc. (HCNCA) is an organization of Providers of Care consisting of hospitals and allied health care facilities located in Maryland, Virginia and Washington, DC. The purpose of the Council is to provide for members "strategic and business advantages" that no single institution or system can efficiently or economically develop alone. Divisions of specific activity have been formed to carry on the ever changing tasks at hand. These divisions develop information and improve performance using cooperative networking meetings, surveys, group discussion and analysis and continuing education programs. The aim of the Council's wholly-owned subsidiary, National Capital Area Shared Services, Inc., (NCASS) is to serve its membership in the promotion of programs and services that will enhance the members' ability to operate their organizations successfully and cost effectively with integrity and competency.

Healthcare Council is a not-for-profit 501(c)(3) corporation
The Council has opportunities for Associates: For membership information, call 301-731-4700

Healthcare Council Report is published by:

HEALTHCARE COUNCIL OF THE NATIONAL CAPITAL AREA
CENTERPARK II - FIRST FLOOR 4061 POWDER MILL RD, STE 100 CALVERTON, MD 20705
PH: 301-731-4700
FAX: 301-731-8286
WWW.HEALTHCARE-COUNCIL.ORG

Did You Know?

According to the Association of American Medical Colleges there will be a shortage of 65,000 primary care physicians (PCPs) by 2025.