

Healthcare Council Report

Volume 18, Issue 1

Fall, 2012

HEALTHCARE COUNCIL OF THE NATIONAL CAPITAL AREA
QUARTERLY REPORT

HCNCA

Fall Conference

Healthcare Reform is underway. An evolution of healthcare delivery and financing models is here and no matter what happens with the elections in November, there is no turning back. All of us are part of healthcare reform, with information and points of view that can benefit each other. For this reason the Healthcare Council is co-sponsoring the Fall Conference, Nov. 15 & 16 with Premier to hear from experts and talk candidly about how we continue to feed the health-care enterprise. It is important to ensure what happens in the future, delivers better care, more appropriate care, and less inappropriate care at a lower rate of growth in overall costs.



By
Les Pitton

The Healthcare Council has the opportunity to work with two states and the District of Columbia in communicating and sharing ideas that make a difference with providers in health initiatives. When we see something working on a smaller level in one area we can share more broadly. When there's a common problem we can be creative in problem solving.

Integration of health care means moving from a world of "hand offs" to a shared model of accountability for the care of patients. A model of shared accountability for the care of patients will require new partnerships and collaboration. In order to serve patients well, it will mean reaching across the silos of care, in order to assure that patients are first and foremost and that we are truly moving from a provider-centered model of care to a patient-centered model of care. At the Fall Conference we have assembled an impressive panel of providers to talk about health care integration. The question of how care is coordinated across the continuum of care will be discussed.

Senior Executives and Trustees from all provider groups are invited and encouraged to attend. Please call 301-731-4700 for more information about the Fall Conference.

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HEALTHCARE COUNCIL OF THE NATIONAL CAPITAL AREA

CENTERPARK II - FIRST FLOOR 4061 POWDER MILL RD, STE 100 CALVERTON, MD 20705 PH: 301-731-4700

SAVE THE DATES!

FALL CONFERENCE:

November 15-16, 2012

We are pleased to sponsor the first ever joint conference between

Premier and the



Healthcare Council of the National

Capital Area. We

hope that as health care leaders in Northern Virginia, DC and Maryland you will be able to attend.

All executives and trustees in health systems, hospitals and allied health organizations are invited. We have some excellent speakers lined up for the conference. There will be adequate time to discuss presentations, meet with presenters and share with colleagues. The meetings will be informal and interactive so come prepared with your ideas, thoughts and questions.

Thursday evening, there will be a cocktail hour from 5:30 to 6:30 and then a networking dinner at "Seasons 52" in North Bethesda from 7-9pm. All of this, at no cost to you, the participant.

We are looking forward to seeing you there. **For more information please contact our office or check our newly launched website at:**

www.healthcare-council.org.

DIVISIONAL MEETINGS:

IT Divisional Meeting:

Wednesday, Oct. 17, 2012 from 11:30 AM to 1:00 PM (Lunch Provided)

Holy Cross Hospital

1500 Forest Glen Road

Silver Spring, MD 20910

Auditorium D

IT Division Chair, Heather Smith, Senior Executive of IT Services

Holy Cross Hospital

Special Guest - CGI

Topic: Patient Multi-Media Management

Volunteer Divisional Meeting

Wednesday, October 17, 2012 from 12 Noon to 2 PM

Healthcare Council of the National Capital Area

4061 Powder Mill Road

Suite 700 (Common Conference Room)

(Office is in Suite 100)

Calverton, MD 20705

Topic: Mission and Vision of Volunteer Service Group, Future Plans and Report on the AHVRP Conference in Dallas, TX.

Volunteer Division Chair, Pamela Fogan, Director Volunteer Services

Suburban Hospital Healthcare System

HR Divisional Meeting:

Wednesday, December 5, 2012 from 7:30 AM to 9:00 AM

Breakfast Provided

Place: Suburban Hospital Healthcare System

8600 Old Georgetown Road

Bethesda, MD 20814

Second Floor Conference Room

Topic: To be announced

Quality Divisional Meeting

To be announced

"To meet the challenges of tomorrow by working together today"...and thereby to facilitate the care of the sick and to promote education and prevention programs that ensure healthier communities.

DID YOU KNOW?

Teen sleep deficits may increase their risk for diabetes. Find out more at: <http://psychcentral.com>

Thanks to Joseph P. Burns



The Healthcare Council & Shared Services Board and members say a “big thanks” to Joe Burns for his 36 years of dedicated service to the organization. The last 16 years he served as the President & CEO, building on the 65 year rich history of the Council and Shared Services. Joe officially retired in June of 2011 but continued to oversee the organization until a replacement was chosen in March of this year. Joe was instrumental in creating a partnership with Premier in developing an affiliate relationship which has proven to be a successful strategy. In addition he created and monitored the regional contracts that have existed for the benefit of the Council’s membership for many years.

Under his leadership the organization always promoted collaborative working relationships with Council members, never faltering from the goal of providing member driven services. Those who know Joe will remember his congenial style and what many called a very charming personality, his love of golf (the many golf tournaments), his love for Vespa Motor Scooters and classic cars. Thank you Joe, for your service to the Providers of Care in Maryland, Virginia and Washington, DC.

“To meet the challenges of tomorrow by working together today” ...and thereby to facilitate the care of the sick and to promote education and prevention programs that ensure healthier communities.

SHARED SERVICES UPDATE

Premier Energy Group:



National Capital Area Shared Services

Announces New Partnership: As of July

2012 Premier Energy Group, LLC and

NCASS formed a new GPO partnership. The relationship brings the resources and expertise to help members procure natural gas and electricity in the deregulated market. Premier Energy Group has a strong track record of providing value through a group purchasing model. The benefit brought to our membership is that of having a professional energy consulting company advising on electricity and natural gas purchases and working on their behalf to obtain the best pricing and contract terms. Contact Scott K. Fawcett for additional information at 732-302-0601, ext. 608 – sfawcett@premierenergygroup.com.

Griffith Energy Services and Paul Campitelli reminds participating members of five key factors in the NCASS Agreement #18-1, fuel oil that are worth noting:

- Service is provided 24-7-365 with a four hour response time for emergencies.
- Top quality products unmatched in the industry hauled with Griffith’s own fuels and truck and from their own supply terminals.
- Employee internal commercial burner technicians to assist operating engineers solve any service problems.
- Use Index pricing on all fuel sales determined by The Journal of Commerce which tracks wholesale base costs of oil products.
- Have served Healthcare facilities since 1983 and are familiar with the oil facilities of HCNCA membership.



Griffith encourages all HCNCA membership to keep their tanks clean with fresh oil inventories. If tanks need cleaning or testing, if tanks need to be installed or removed or pump outs are required, Griffith uses Warren Tank Services, phone 301-372-6300. David Warren, the President can be reached at 301-440-8388. Melissa Low at Griffith Energy Services continues to assist clients with any questions or needs that arise. She can be reached at 301-322-7800, ext. 2233 or Email – m_low@griffithoil.com.

AREA NEWS

Congratulations:
Richard "Chip" O. Davis, Ph.D. assumed his role as President of Sibley Memorial Hospital, a member of Johns Hopkins in early July 2012 following the retirement of Robert Sloan. Davis joined Johns Hopkins in 1993 and has served in a variety of leadership roles including the establishment of the Johns Hopkins Medicine Center for Innovation.

Excellent news:
A new rooftop helicopter landing pad was just opened at Frederick Memorial Hospital.

Great news for Medstar:
Georgetown is the only hospital in Washington, DC designated as a National Parkinson Foundation Center of Excellence. The Center offers advanced treatment that can reduce or eliminate Parkinson's disease symptoms.

Congratulations:
In September 2012 Inova Health System broke ground for a new women and children's hospital at the Inova Fairfax hospital campus in Merrifield. The new hospital is expected to open by 2015 and will upgrade and expand the hospital's existing facilities on women's and children's health.

Thanks for the great event:
Adventist HealthCare held it's 6th Annual Health Disparities Conference October 8, 2012 at the Hilton Garden Inn in Greenbelt, MD. The renowned Pediatric Neurosurgeon Dr. Benjamin Carson was the keynote speaker for the conference. Inova and LifeBridge Health Leaders joined Adventist HealthCare in leading this annual event.

Congratulations:
Robert L. Sloan retired July 2012 after 26 years as President and CEO of Sibley Memorial Hospital. He continues to serve as senior advisor to the Johns Hopkins Health System and to Sibley Memorial Hospital foundation and new Jane Bancroft Robinson Foundation. He also continues to serve on the Board of Directors for CareFirst Blue Cross Blue Shield.

Did you know?

Spending time in silence a little every day could help beat your stress levels. Read the other 7 stress busters at www.health.howstuffworks.com

THE BOARD CORNER:

The Alliance for Advancing Nonprofit Health Care list seven benchmark areas for excellence in governance. These "best practices" have been selected from 50 - 100 that permeate the literature. The areas listed below are the most likely to make a difference in achieving effective governance:

- CEO Commitment to Great Governance
- Effective Board Chair Leadership
- Highly Capable and Dedicated Board Members
- Healthy, Productive Board Culture
- Effective Oversight of Organizational/CEO Performance
- Continuous Governance Evaluation and Improvement
- Board Leadership and Succession Planning

COUNCIL BOARD OF DIRECTORS, 2012

HCNCA and NCASS are governed by an 8-member Board of Trustees comprised of both healthcare providers and payer leaders.

- Mike Barch, Chair
- George Wilkes, III, Immediate Past-Chair
- Calvin Brown, Trustee
- Hugh Eagleton, Trustee
- Les Pitton, Jr., President & CEO
- Omega Logan Silva, M.D., Trustee
- Traci Anderson, Trustee
- Gene C. Milton, Ph.D., Trustee
- Ryan Frederick, Trustee
- Robby Brewer, Legal Counsel

Fun Facts:

Communication Matters

Watch how you walk into work - they're watching! Believe it or not, something as simple as how you walk into work in the morning can set the tone for the entire day. When "The Boss" walks in, people pay attention. If you brush past a worker without saying good morning, people notice. If you snap at someone first thing, people will avoid you the rest of the day. If you seem preoccupied or upset, the "stay away from him" message will spread to your employees before you reach your desk. Take a couple of seconds before you enter the workplace to gather yourself. Walk in with a smile and stop to chat with an employee or two. It will get the day off on the right foot.
Solutions New Communication



CURRENT ISSUES:

~Employed Physicians:

In 2009, out of approximately 750,000 physicians, 43 percent were practicing independently while 57 percent were "employed," either by hospitals or large physician groups. A recent study, done by Accenture, predicts that by 2013, the number of independent doctors will be close to 33 percent, meaning two-thirds will be employed.

~EHR Technology:

CMS provides flexible reporting period for 2014 in order to provide sufficient time to adopt or upgrade to the latest HER technology. See final rules at www.ofr.gov/inspection.aspx

~Hand Hygiene:

Hand hygiene is widely accepted as the most critical infection-prevention intervention in modern medicine. Yet, compliance with hand-hygiene protocol remains an issue. Judson Garrett, Jr., PhD, Senior Director, Clinical Affairs, PDI Inc.

~Healthier Hospitals:

Initiative's (HHI): To learn more about this three-year initiative to improve the health and safety of patients, staff and communities by implementing one of six challenges go to:

www.healthierhospitals.org.

~Health Care Cost:

The Institute of Medicine estimates that high administrative costs for insurers, physicians and hospitals account for \$200 billion of waste. Overuse of tests and the use of brand name drugs instead of generics account for another \$200 billion. Errors and avoidable complications and fraud each tally to \$75 billion. *American Heart Association Environmental Scan*

MEET CGI-OUR NEWEST ASSOCIATE

MEMBER:

The Healthcare Council welcomes CGI as a new Associate Member. CGI is a leading IT and business process services provider which was founded in 1976. They are a recognized provider of IT services to Health systems, Academic Medical Centers, Hospitals, Departments of Health and Payers, serving 42 Health Systems, 225 Hospitals, 35 Payers and 2 State Medicaid Agencies. CGI provides specific solutions for better care, better business and better outcomes. Contact Rob Robertson, Director of Healthcare Solutions at (703) 267-5440 - rob.robertson@cgi.com or Therrion White, Business Development Representative (703) 267-8026 - therrion.white@cgi.com with any questions about CGI.

DID YOU KNOW?

☉ A cup of tea may do wonders for your health? The antioxidant polyphenols in tea, called catechins, have been linked with anti-cancer activity, and certain teas – like green tea – are also known to have heart benefits, according to the Mayo Clinic. Read more at: www.everydayhealth.com



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HEALTHCARE COUNCIL OF THE NATIONAL CAPITAL AREA

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Council Vision: "To meet the challenges of tomorrow by working together today"...and thereby to facilitate the care of the sick and to promote education and prevention programs that ensure healthier communities.

Mission Statement: The Council's mission is to promote and facilitate activities that result in the best quality of care to the sick and injured. The aim of the Council and its wholly-owned subsidiary, National Capital Area Shared Services, Inc., is to serve its membership in the development and promotion of programs and services that will enhance the members' ability to operate their organizations economically and successfully with integrity and competency.

"The Council": The Healthcare Council of the National Capital Area, Inc. is an organization of Providers of Care consisting of hospitals and allied health care facilities located in Maryland, Virginia and Washington, DC. The purpose of the Council is to provide for members "strategic and business advantages" that no single institution or system can efficiently or economically develop alone. Council activities are implemented through a structure consisting of the Chairmen of the Boards and the Chief Executive Officers of our member organizations. Divisions of specific activity have been formed to carry on the ever changing tasks at hand. These divisions develop information and improve performance using cooperative networking, meetings, surveys, group discussion and analysis and continuing education programs.

The Council functions as a neutral intermediary to facilitate networking and to provide member driven services.

Healthcare Council is not-for-profit 501(c)(3) corporation
 The Council has opportunities for Associates: For membership information, call 301-731-4700

Healthcare Council Report is published by:

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DID YOU KNOW:
 Digital games may help aging minds stay sharp. More at: www.ksl.com
 Weight Training Can Help Diabetics And Those At Risk Of Developing Diabetes. Find out more at: